Dear Friends,

2017 was a good year for the YMCA of Superior California with continued growth, and increased community engagement. Our Y’s commitment to strengthening community continues to be demonstrated through the creative partnerships, and innovative programming that was provided to people of all ages.

At the Y we focus on the healthy development of children, the leadership development of teens, and providing programs for people of all ages that help them develop and maintain healthy lives. We strongly believe in the power of community partnership and that, along with dedicated volunteers and valuable financial supports, has allowed for the positive impact we are making in the lives of local individuals.

In addition to many traditional YMCA programs such as youth sports, summer day camp, after-school care, swim lessons and group exercise, we have innovative programs aimed at closing the summertime achievement gap for at-risk kids; water safety, and lifeguard training for youth at the Sacramento County Youth Detention Facility; dual immersion childcare site at the Language Academy of Sacramento, and summer day camp and resident camp programs for foster kids and homeless youth.

Thanks to the charitable support of individuals, businesses, and organizations alike, more than 1,250 children received assistance through the Y-Assist Fund that provided $379,973 in program scholarships in 2017. One hundred percent of every dollar donated stays local and is invested directly back into the lives of kids, families, and individuals in our community.

We offer our heartfelt appreciation to all the dedicated volunteers, donors, staff and organizations who have helped and supported the Y - furthering our mission and impact, and look forward to your continued involvement.

Erin McDonough,
Board Chair

Jay Lowden,
President & CEO
More than a pool or gym, the Y is a cause dedicated to the positive development of youth, healthy living for people of all ages, and social responsibility in addressing the critical needs of the communities we serve.

With programs from athletics to advocacy, dance to disease prevention, and cycling to child care, the Y doesn’t just strengthen individuals, we strengthen communities.

The YMCA of Superior California encompasses five services areas: Sacramento, Yolo County, Oroville, Gold Country and Yuba-Sutter; each volunteer-led, and each a powerful advocate for the needs of children, families and individuals in their communities. While our programs are based on the unique needs and interests of the communities in which they reside, each of our Y’s has one thing in common: our people. The volunteers, staff, members and donors of the Y are all united by a deep commitment to strengthening community and ensuring that everyone – regardless of age, income, or background – has the opportunity to reach their fullest potential.
A major emphasis of programming at the Y is the healthy development of our youth. We view youth as assets to our community, each with unique strengths, skills and leadership abilities. All young people, regardless of ethnicity, gender, economic, geographic or religious background face choices that can positively or negatively influence their futures and the futures of our communities.

Through programs that give children and teens the opportunity to gain leadership skills, core values and an ethic of service, the YMCA empowers young people to make wise and healthy choices.
The Y's Health & Fitness programs are developed to help people at any stage of life build positive health habits. Participation in YMCA programs offers youth and adults opportunities for friendship and community, a sense of well-being, increased self-confidence and improved mental abilities.

Our programs take into account the total-health of each our members. Depending on the community you live in, the Y provides a variety of health and fitness programs including group and water fitness classes for individuals and families, group fitness classes, personalized training programs, non-competitive youth and adult sports leagues and social opportunities for seniors and families.
For many children, families and adults in our communities, the Y is the safe and nurturing place they turn to for values-based programs and activities that provide encouragement and support in helping them reach their highest potential.

More than a gym or pool, the Y is a cause – dedicated to youth development, healthy living and social responsibility. With programs from athletics to advocacy, dance classes to disease prevention, and cycling to child care, the Y doesn’t just strengthen individuals, we strengthen communities.

### SOCIAL RESPONSIBILITY

**Y-Assist funded**

$379,973 in scholarships to low income kids and families.

119 Teenagers experienced government first-hand by serving as delegates in Youth & Government.

6,835 Children received free, safe and supportive Court Child Care as part of our Y’s partnership to operate the Children’s Waiting Rooms at the four Sacramento County Superior Courts.

24,288 Volunteer Hours were donated to the YMCA and the communities we serve.

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More than a gym or pool, the Y is a cause – dedicated to youth development, healthy living and social responsibility. With programs from athletics to advocacy, dance classes to disease prevention, and cycling to child care, the Y doesn’t just strengthen individuals, we strengthen communities.
## IMPACT

In 2017, we served 27,761 kids, teens, adults & seniors and provided $379,973 in scholarships through Y-ASSIST.

We believe in efficiency, leveraging every dollar, ensuring our Y is affordable and accessible to all, and managing our Y in a fiscally responsible manner.

- Jay Lowden, CEO

## FINANCIAL REPORT

### REVENUE 2016*

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$ 751,070</td>
</tr>
<tr>
<td>Community Programs</td>
<td>$ 748,431</td>
</tr>
<tr>
<td>Membership</td>
<td>$ 991,771</td>
</tr>
<tr>
<td>Childcare</td>
<td>$ 2,686,939</td>
</tr>
<tr>
<td>Resident &amp; Day Camp</td>
<td>$ 902,718</td>
</tr>
<tr>
<td>Aquatics/Water Safety</td>
<td>$ 334,210</td>
</tr>
<tr>
<td>Investment Income</td>
<td>$ 282,676</td>
</tr>
<tr>
<td>Rental &amp; Other</td>
<td>$ 161,812</td>
</tr>
<tr>
<td>Financial Assistance</td>
<td>($ 379,973)</td>
</tr>
</tbody>
</table>

**Total Revenue** $6,479,714

### EXPENSES

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary Related</td>
<td>$ 4,335,430</td>
</tr>
<tr>
<td>Contract Services</td>
<td>$ 187,684</td>
</tr>
<tr>
<td>Program Supplies</td>
<td>$ 556,986</td>
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<tr>
<td>Occupancy</td>
<td>$ 635,926</td>
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<tr>
<td>Promotion</td>
<td>$ 52,312</td>
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<tr>
<td>Travel &amp; Transportation</td>
<td>$ 74,753</td>
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<tr>
<td>Staff Development</td>
<td>$ 57,165</td>
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<tr>
<td>Award Recognition</td>
<td>$ 42,393</td>
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<tr>
<td>Organizational Dues</td>
<td>$ 105,798</td>
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<tr>
<td>Insurance</td>
<td>$ 147,074</td>
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<tr>
<td>Misc.</td>
<td>$ 16,073</td>
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<tr>
<td>Equipment</td>
<td>$ 202,190</td>
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<tr>
<td>Debt Service</td>
<td>$ 59,375</td>
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</table>

**Total Expenses** $6,473,160

### Surplus/Reserves

$ 6,555

### Net Assets

$ 3,190,660

### ENDOWMENT FUNDS

<table>
<thead>
<tr>
<th>Foundation</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sacramento YMCA Foundation</td>
<td>$1,836,402</td>
</tr>
<tr>
<td>YMCA Foundation of Oroville</td>
<td>$ 198,101</td>
</tr>
</tbody>
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*unaudited, year ending December 31, 2017*
**FOUNDATIONS**

**Sacramento YMCA Foundation**
Bob McLean
Borden Webb
John Finegan
John Kay
John Rusteika
Mark Gordon Huffman
Nancy Holt
Scott Hagel

**Foundation for YMCA of Oroville**
Daniel Ledford
Don Remley
Jana Wilson
John Dahlmeier
Karolyn Fairbanks
Kelly Albrecht
Mike Hutton

**Nelson’s Grove Trust**
Jim Campos
John Farley
Kent Lang
Steve Kritscher

**OUR LEADERS**

**Board of Directors**
Erin McDonough, Chair
Karen Dejoras Nelson, Vice Chair
Kevin Smith-Fagan, Vice Chair
Dave Swartz, Secretary
Gema Quinn, Treasurer

**Members**
Bernadette Augustine
Bob Miller
Catherine Barankin
Andy Sisk
Victor Rappaselli

**Service Area Representatives**

**Sacramento**
Mark Hanzlik
Roger Jones

**Yolo County**
Tim Reimers

**Oroville**
Karolyn Fairbanks
Nancy Gilbert

**Advisory Boards**

**Sacramento**
Mark Hanzlik
Roger Jones
Asael Sala
Cathrina Barros Dmytrow
Christiania Dominguez
Isaac Gonzalez
Stephen Duverney
LaCandice McCaray-Ochoa
Bekah Nesom

**Yolo County**
Tim Reimers
Christy Gill
Lori Perez
Mari Gray
Michelle Hicks
Robert Simas
Paula Meares
Alexis Kalman

**Oroville**
Karolyn Fairbanks
Nancy Gilbert
Bruce Spangler
Glenda Griffith
James Plummer
Paula Blaney
TJ Jensen
Windy Hill
Lori Rodgers
Terri Gravision

**Gold Country**
MaryJane Huenegardt
Ariel Lovett
Daniel King
Gary Uhler
Jet Lowe
Joey Jordan
John Foster
Kim Blix

**OUR LOCATIONS**

**Association Office**
1926 V Street, Sacramento | 916.452.9622

**Sacramento Central YMCA**
2021 W Street, Sacramento | 916.452.9622

**Yolo County YMCA**
1300 College Street, Woodland | 530.662.1086

**Oroville YMCA**
1684 Robinson Street, Oroville | 530.533.9622

**STAFF LEADERSHIP**

Jay Lowden, President & CEO
Scott Sent, Chief Financial Officer
Tracy Holmes, Executive Director, Youth Development
Bev Jones, Human Resources Director
Al Goldberg, Marketing & Communications Director
Danielle Mendoza, Sacramento Central YMCA Director
Kelly Hutchison, Yolo County YMCA Director
Ed Gredivig, Oroville YMCA Director
Jecily Smith, Administrative Coordinator

ymcasuperiorcal.org