

California Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

<https://www.benefits.gov/benefit/2041>

What is this program?

The California Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental foods, nutrition education and referrals to health care, at no cost, to low-income pregnant, breastfeeding and postpartum women, infants, and children up to age 5 who are determined to be at nutritional risk. To be fully eligible for the WIC Program, applicants must be determined by a health professional, at no cost, to be at nutritional risk (i.e., have certain medical-based or diet-based risk conditions).

Who is eligible for this program?

To be eligible for this benefit program, you must be a resident of California and one of the following:

- Pregnant, or
- Breastfeeding, or
- Postpartum, or
- A child 5 years old or younger.

A person who participates or has family members participate in certain other benefit programs, such as SNAP, Medicaid, or TANF, automatically meets the income eligibility requirement.

To see if you are eligible for WIC, you may also use the [WIC Prescreening Tool](#). *This Prescreening Tool is **not** an application for WIC. To apply for WIC benefits, you must make an appointment at your local WIC agency.*

To be eligible, you must have an annual household income (before taxes) that is below the following amounts:

Select Household Size

Maximum Household Income per year [View Table](#)

*For households with more than eight people, add \$8,399 per additional person. Always check with the appropriate managing agency to ensure the most accurate guidelines.

How do I apply for this program?

For more information on how to apply, please visit the [California WIC](#) page. [WIC](#)

How can I contact someone?

For more information on California WIC, please visit the [California Department of Public Health](#).

1-888-942-9675