

Gold Country YMCA

Memorial Pool



May 5th – June 1st Schedule

May 5-May 11							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	Closed
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba	x	Closed
Open Swim	x	x	x	x	x	12:00pm-4:00pm	Closed
Lap Swim	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	x	Closed
May 12- May 18							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	Closed
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba	x	Closed
Open Swim	x	x	x	x	x	12:00pm-4:00pm	Closed
Lap Swim	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	x	Closed
May 19- May 25							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	Closed
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba	x	Closed
Open Swim	x	x	x	x	x	12:00pm-4:00pm	Closed
Lap Swim	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	4:00pm-7:30pm	x	Closed
May 26- June 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	x
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba	x	9:00am Paddleboard Yoga
Open Swim	x	x	x	x	x	12:00pm-4:00pm	10:00am-2:00pm
Lap Swim	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	x	x

Summer is Coming!

Many programs are returning this month. Please check the schedule carefully and find the program that fits your needs best.

***Open swim will return 7 days a week starting Monday June 16th.**

****An earlier open swim time has been added:**

Sundays is now 10:00am–2:00pm starting Sunday June 1st.

Questions?:

Front desk: 530-274-4739 Email: GCBranchManager@ymcasuperiorcal.org