

Gold Country YMCA

Memorial Pool

May 26– June 29 Schedule



Memorial Pool Scheule May/June 2025 Schedule							
May 26-June 1							
	Monday May 26	Tuesday May 27	Wednesday May 28	Thursday May 29	Friday May 30	Saturday May 31	Sunday June 1
Morning Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	x
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba	x	x
Open Swim	12:00pm-4:00pm	x	x	x	x	12:00pm-4:00pm	10:00am-2:00pm
Evening Lap Swim	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	x	x
June 2- June 8							
This week we are hosting end of the year school parties, lap swim hour are adjusted for these parties							
	Monday June 2	Tuesday June 3	Wednesday June 4	Thursday June 5	Friday June 6	Saturday June 7	Sunday June 8
Morning Lap Swim	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	9:00am-12:00pm	9:00am-12:00pm	x
Water Aerobics	x	x	x	x	11:00am Zumba	x	Glide Yoga 8:00am & 9:00am
Open Swim	x	x	x	x	x	12:00pm-4:00pm	10:00am-2:00pm
Evening Lap Swim	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	x	x
June 9-June 15							
This week we are hosting end of the year school parties, lap swim hour are adjusted for these parties							
	Monday June 9	Tuesday June 10	Wednesday June 11	Thursday June 12	Friday June 13	Saturday June 14	Sunday June 15
Morning Lap Swim	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	x
Water Aerobics	x	x	x	10:30am Aerobics	11:00am Zumba	x	Glide Yoga 8:00am & 9:00am
Open Swim	x	x	x	x	x	12:00pm-4:00pm	10:00am-2:00pm
Evening Lap Swim	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	x	x
June 16-June 22							
	Monday June 16	Tuesday June 17	Wednesday June 18	Thursday June 19	Friday June 20	Saturday June 21	Sunday June 22
Morning Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	Closed for Swim Meet	x
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba		Glide Yoga 8:00am & 9:00am
Open Swim	12:00pm-4:00pm	12:00pm-4:00pm	12:00pm-4:00pm	12:00pm-4:00pm	12:00pm-4:00pm		10:00am-2:00pm
Evening Lap Swim	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm		x
June 23-June 29							
	Monday June 23	Tuesday June 24	Wednesday June 25	Thursday June 26	Friday June 27	Saturday June 28	Sunday June 29
Morning Lap Swim	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	Closed for Swim Meet	x
Water Aerobics	11:00am Zumba	10:30am Aerobics	11:00am Splash & Tone	10:30am Aerobics	11:00am Zumba		Glide Yoga 8:00am & 9:00am
Open Swim	12:00pm-4:00pm	12:00pm-4:00pm	12:00pm-4:00pm	12:00pm-4:00pm	12:00pm-4:00pm		10:00am-2:00pm
Evening Lap Swim	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm	4:00pm-6:00pm		x

Open swim returns 7 days a week starting June 16!

**June 2-June 12 Memorial pool is on adjusted hours to
accommodate our local schools end of the year parties!**

**Please check the schedule carefully as hours and availability for
lap swim and classes have been adjusted.**

Questions?:

Front desk:530-274-4739 Email: GCBranchManager@ymcasuperiorcal.org