

September 2nd–September 30th



Upcoming closure dates: Closed September 1st for Labor Day

Monday:

8:30am–12:00pm: Lap swim
11:00am–12:00pm: Aqua Zumba
3:00pm–4:00pm: Lap swim (all lanes available)
4:00pm–6:00pm: Lap swim (4 lanes available)

Tuesday:

6:00am–8:00am Lap Swim (4 lanes available)
8:00am–12:00pm: Lap swim (all lanes available)
10:30am–11:30am: Water Aerobics
3:00pm–4:00pm: Lap swim (all lanes available)
4:00pm–6:00pm: Lap swim (4 lanes available)

Wednesday:

8:30am–12:00pm: Lap swim
11:00am–12:00pm: Splash and Tone
12:00pm–2:45pm: Open swim & lap swim (3 lanes available)
3:00pm–4:00pm: Lap swim (all lanes available)
4:00pm–6:00pm: Lap swim (4 lanes available)

Thursday

6:00am–8:00am Lap Swim (4 lanes available)
8:00am–12:00pm: Lap swim (all lanes available)
10:30am–11:30am: Water Aerobics
3:00pm–4:00pm: Lap swim (all lanes available)
4:00pm–6:00pm: Lap swim (4 lanes available)

Friday

8:30am–12:00pm: Lap swim
11:00am–12:00pm: Aqua Zumba
3:00pm–4:00pm: Lap swim (all lanes available)
4:00pm–6:00pm: Lap swim (4 lanes available)
3:00pm–7:30: Open swim (small pool only)

Saturday:

9:00am–12:00am: Lap Swim
12:00pm–3:45pm: Open Swim

Sunday

9:00am–9:45am: Glide fit yoga (must pre-register for class, limited boards available)
10:00am–1:45pm: Open swim

Drop in fees: \$6 adult, \$4 child, \$5 teen, \$4 senior
10 swim punch passes: \$40 adult, \$25 child, \$30 teen, \$25 senior

**** Hours are subject to change. Please call ahead or follow us on Facebook for immediate updates.**

Front desk: 530-274-4739 | Facebook: Gold Country YMCA